



**Destination RUN  
Coaching**  
ROAD | TRACK | TRAIL



## **St Polycarp's Primary School Outdoor Running Club (Years 3-6)**

**Come and join us for fun relays, team competitions and much more.  
Great for runners of all abilities and team players wanting to improve  
their fitness for their own sports.**

**Dates:** **Tuesday** 9th September to 16th December 2025 (NOTE: excluding 14th  
October and October half term)

**Time:** 3.20 - 4.15 pm

**Where:** St Polycarp's School Field

**What to bring:** Running kit (tracksuit and waterproofs, gloves etc), trainers and a  
drink, sun cream and hat (if required)

**Cost:** £104 for the whole Autumn Term

**How to book:** Contact Brian Stopher at Destination RUN for more information at  
[brian.destrun@gmail.com](mailto:brian.destrun@gmail.com)

**(Please check your junk mail as often our responses end up in junk)**

Clubs organised and run by Brian Stopher (UK Athletics qualified running coach, qualified &  
experienced PE teacher, ex-head of secondary school PE, & former international athlete)

