



# Our Week



We hope you had a happy and restful half term holiday and are ready for yet another busy and exciting term. Here are some of the things that we have been learning this week, your child might like to tell you a little bit more about them:

- We talked about what we did over half term and wrote some super sentences about our news in our Special tray books
- Our topic this half term is all about exploring maps and oceans. We read the story "Pirate Frank and the treasure" and created our own treasure maps. We then wrote instructions of how to find the treasure
- We learnt about how it is to be a Pirate and we made a list of the jobs that Pirates need to do onboard their Pirate ship
- In RE we talked about how Lent is a time to care about others and wrote our own Lenten promises. We talked about Shrove Tuesday and learnt how to make pancakes. They were yummy!
- In PE - we practised our ball skills. We practised dribbling and kicking the ball in a straight line.
- In Maths we looked at length, finding long and short items around the environment. We then tried to order them according to their height. We looked at items that were shorter and longer.
- In Phonics we are continuing to amaze our teachers with the progress we are making in our reading and writing.
- In music we are learning about Pitch and we are practising our song for the Lent Concert. Please have one final practice over the weekend.
- Our new topic in PSHE is "Healthy Me". We learnt that we need to exercise to keep our bodies healthy

Here is your weekly handwriting practise videos:

<https://schools.ruthmiskin.com/resources/vc-pathways/365799/gg7ghcoNI3dYEHDx>

**Notes for parents**

- A reminder of the Lent Concert on
- Please see below for the information about the Lent Concert which will take place on Thursday 25<sup>th</sup> March at 1.30pm and Friday 26<sup>th</sup> March at 9.30am.

We're delighted to invite all parents and carers to a special PAPA YA Parent Talk, led by Donna Dove, an experienced speaker who works with families on building healthier relationships with technology. This will take place on **Wednesday 4<sup>th</sup> March 2026 at 7:30PM in the Pope Francis Hall (accessed through blue side gate)**.

The session will explore how, as parents, you can support children to thrive in a world filled with digital devices, while helping them develop healthy habits, resilience and balance. Donna brings practical insights grounded in psychology and children's wellbeing.

- The session will cover:
- **How screen time affects children's development** and what healthy use looks like.
- **Strategies for managing technology at home**, including routines, boundaries and positive modelling.
- **Supporting children's mental health** in the digital age—what helps and what doesn't.
- **How to navigate tricky moments**, such as online pressure, device arguments, or "just one more minute..."
- **Simple changes families can make immediately** to reduce stress and create calmer, more connected home life.

Donna's sessions are known for being **warm, practical, and judgement-free**, with plenty of real-life examples that parents can relate to.

This is a valuable opportunity to:

- Get expert guidance tailored to today's challenges
- Learn easy, realistic strategies you can apply straight away
- Feel more confident about supporting your child's wellbeing
- Connect with other parents who are facing similar issues

Many thanks for all your support.

Best wishes,

The Reception Team