Pupils have developed their character and personal life skills

Pupils choose to seek healthy, active lifestyles

Pupils understand and succeed when implementing a broad range of skills

Pupils are inspired, physically competent and confident

Beyond KS2

Refine leadershi

Apply tactics in scenarios

Perform with technical control

Apply tactics to win a point

Understand the components of fitness

Introduce matching and mirroring

Refine shooting

Explore running as a team

Year 6

Self Motivation | Respect | Evaluation

Consolidate passing and receiving

Create and apply attacking tactics

Create and apply defending tactics

Develop officiating

Organise and mange team formations

Consolidate batting, bowling and fielding

Create movements using improvisation

Develop sequences with interlinking moves

Refine racket skills

Introduce counter tension and counter balances

Understand the cardio - vascular system

Year 5

Integrity | Reflection | Self Discipline | Resourcefulness

Develop fielding tactics

Refine batting, bowling and fielding

Refine attacking and defending skills

Refine dribbling

Introduce leadership

Explore different passes

Refine passing and receiving

Introduce bowling and striking the ball

Introduce backhand and forehand

Creating space to win a point

Explore contrasting relationships

Develop sequences with bridges

Explore running for speed

Year 4

Decision Making | Trust | Responsibility | Communication

Develop passing and receiving

Introduce shooting

Develop collaboration and communication

Develop dribbling creating shooting opportunities

Apply learning into 3v3 games

Explore running for distance

Introduce symmetry and asymmetry

Extend sequences with a partner

Apply learning onto apparatus

Apply throwing into a game

Understand the concept of batting and fielding

Develop dance character

Year 3

Cooperation | Resilience | Encouragement | Problem Solving

Introduce dribbling keeping control

Introduce outwitting an opponent

Introduce passing creating space

Explore effective teamwork

Introduce passing and receiving

Consolidate throwing and catching

Consolidate jumping

Develop passing and receiving (hands and feet)

Develop keeping possession (hands and feet)

Develop linking movements together

Respond to a rhythm

Year 2

Concentration | Empathy | Self Belief

Explore dodging

Create contrasting movement sequences

Explore pathways

Create motifs with expression

Understand the transition between attack and defense

Explore strategies

Develop throwing and catching

Understand attacking and defending

Create movements with expression

Introduce teamwork and building trust

Develop Jumping

Apply running into a game

Year 1

Gratitude | Imagination | Courage

Introduce ABC's

Create ways of transitioning between movements

Develop moving with a ball using our feet

Combine sending and receiving skills

Combining movements together (wide, narrow, curled)

EYFS

Curiosity | Fairness | Honesty

Explore jumping and hopping

Explore pushing, rolling and bouncing

Explore moving with a ball using our feet

Explore throwing and catching

Explore walking in different pathways

Explore moving and making shapes

Explore creating our own movement sequences

Understand taking, turns, keeping the score playing by the rules

Whole School Physical Education Curriculum Learning Journey